

Online Learning for Migrant Workers in BC



For Migrant Workers and Caregivers who have:

- Commitment to engage in an individualized/group online learning plan
- Adequate English language skills to participate actively in the program
- Access to a computer device and internet

To register:

Email: tfwonline@issbc.org

Online: <http://bit.ly/tfwonline>

Call: 604-684-3599

Join our no cost program and learn:

Canadian Workplace Culture

Become culturally aware in the workplace.

Clear Communication

Learn tips on improving communication skills for better relationships and to avoid misunderstandings.

Assertive Communication in the Workplace

Build assertiveness skills essential for working in Canada.

Stress Management

Examine stresses in life and learn strategies to cope.

Handling Conflict

Understand and learn negotiation skills in resolving conflicts.